



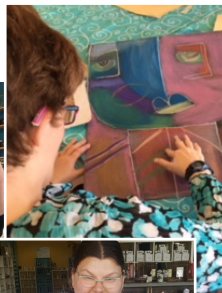
Looking to meet new people?
Do you require trained staff to assist you?
Are you a caregiver who needs
some respite options?

RISE can help. Come have fun with us!

Offering interactive and educational
workshops for ages 17 and up.

Workshops Starting at \$5

- Cooking classes
- Music Programs
- Health and Fitness
- Crafts and jewellery making
- Socials, movies, game nights
- Outdoor seasonal activities
- Art classes
- Activities are passport funding approved



To register

RISE@e3.ca | 705-445-6351 | www.e3.ca

Facebook: @e3rise Twitter: @e3Community

E3 Community Services is a non-profit charitable agency that provides supports and services to children, youth and adults with developmental disabilities.