



My Day, My Way Virtual Activity Calendar

SEPT. 19TH-23RD

Morning

Afternoon

Connect Café 9am

Zumba in the park with Maria!
11am

M <https://us06web.zoom.us/j/87120720162?pwd=S2praUE2Sy9TenQ1Sk00Skt6ZUw4UT09>

<https://us02web.zoom.us/j/89664770466?pwd=WGtIQVdoQnVyMjlrbkZ5NkVDSVh6UT09>

Passcode: clhdss

Passcode: class



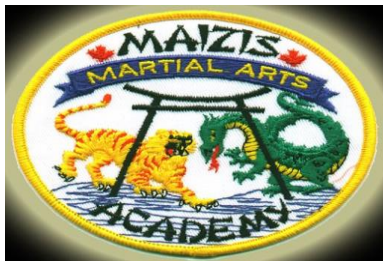
Maizis Martial arts 10am with E3

FREEDOM'S WINGS - Have you ever wanted to FLY? 10:30am

T <https://us04web.zoom.us/j/71633858591?pwd=18YmZwEWdGFnp6vfjwWOrAGjS01QJ8.1>

Passcode: w42YiC

Join Kristie & Diane from the airfield. Start with the check list of the aircraft, then hop in with **Diane on ZOOM** as we taxi across the airstrip, take off, release the tow and GLIDE high in the sky!

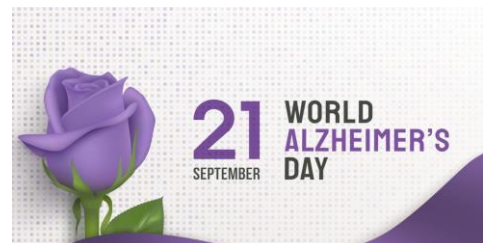


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Slow Cooker Chicken Noodle Soup

W <https://www.foodnetwork.com/recipes/food-network-kitchen/slow-cooker-chicken-noodle-soup-3364248>



<https://www.inclusiveemployers.co.uk/awareness-day/world-alzheimers-day/>

Zumba with CLASS with Marcia 10am

<https://us02web.zoom.us/j/89664770466?pwd=WGtlQVdoQnVyMjlrbkZ5NkVDSVh6UT09>

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First Day Of Fall

F



Fall Social with CLH DSS 2pm

<https://us06web.zoom.us/j/82537471483?pwd=NSs3b3hSM3BJTy9adz6cTZzaUczUT09>

Passcode: clhdss



Please be advised: Pictures and/or Video recordings may occur during Zoom sessions. If this is a concern for you, please deactivate your camera (so the screen is black) or move outside the camera range.