



My Day, My Way Virtual Activity Calendar

MARCH 6-MARCH 10TH

Morning

Afternoon

M

Connect Café 9am

<https://us06web.zoom.us/j/87120720162?pwd=S2praUE2Sy9TenQ1Sk00Skt6ZUw4UT09>

Passcode: clhdss

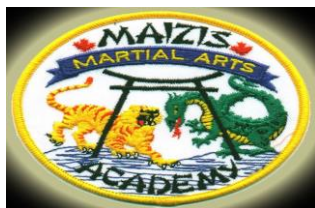


T

Maizis Martial arts 10am with E3

<https://us04web.zoom.us/j/75422780895?pwd=Cxt8ubRWeV6vRZLUbKQx09dZbZ19RJ.1>

Passcode: S3MFNx



Did you hear about the restaurant on the moon?



Great Food, no atmosphere.

W

Beach Walk-Guided Meditation

<https://www.youtube.com/watch?v=-UZqt90v4-s>



<https://www.internationalwomensday.com/>

#EmbraceEquity

Zumba with Marcia 10am

<https://us02web.zoom.us/j/86856108522?pwd=UWE2L2d6eStUcytVXXg0MXRldkIVdz09>

Passcode: class



T

Friendship with Samantha 2pm

Alliston Reform Church

<https://us02web.zoom.us/j/87311233839?pwd=TEcxSEpTbVdOOUs1Kz>

[BDNWxDeGRaZz09](https://us02web.zoom.us/j/87311233839?pwd=TEcxSEpTbVdOOUs1Kz)

Passcode: friendship



Dance Party 1pm

<https://bluejeans.com/963567221?src=calendarLink>



**Thank Goodness
Friday is finally
HERE**



F

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