

PARENT GUIDE

Belonging, Well-being, Expression and Engagement.





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WELCOME



EarlyON Child and Family Centres offer parents and caregivers with children prenatal to 6 years of age, a range of free services which can assist them in their parenting or caregiving role. EarlyON Child and Family programs are built on the four foundations of learning: Belonging, Well-being, Expression and Engagement from the Ministry of Education's "How Does Learning Happen" Pedagogy.

All sites provide access to play and inquiry based learning, information on child development, parent education, early learning activities, referrals to community resources, nutrition information and pre- and post-natal resources. EarlyON Centres provide services that are child and family centered, community driven, integrated and collaborative, developmentally appropriate, socially inclusive, and evidence based. Our knowledgeable and caring staff provide a welcoming, supportive and accessible place where all children, parents, and caregivers belong.



PROGRAM DESCRIPTIONS

STAY, PLAY & LEARN

Prenatal-6 years



Stay, Play and Learn allows opportunities for caregivers and families to take part with their children in a wide range of early learning inquiry based activities which enhance children's developmental skills.



BABY & ME

0-12 months

Join other parents and their babies from birth to 12 months to meet in an informal, supportive environment. Each week a topic of interest is presented along with songs and stories.

We ask that parents/caregivers actively support their child(ren) while in attendance.

Our programs are designed for families to grow and learn together,
as well as interact with and meet other families.

We are here to support you as a family by answering questions,
helping out when needed and offering support.

You and your family are important to us.

PROGRAM DESCRIPTIONS

BREASTFEEDING SUPPORT



Breastfeeding Support Group is an informal weekly gathering of mothers and babies in a family-friendly setting. A Public Health Nurse is present to provide information and support to the group and is completely confidential, individual assistance to women. Please call Health Connections at 705-721-7520

TRIPLE P PARENTING

***Virtual and in-person sessions available*

Triple P is a parenting program, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. It's all about making Triple P work for you. EarlyON offers the following Triple sessions: Seminar Series, Discussion Groups and Tip Sheet Consultations.

KIDS HAVE STRESS TOO!

***Virtual and in-person sessions available*

Kids Have Stress Too! is all about helping parents and caregivers understand childhood stress and how to provide kids with the tools to deal with stress effectively.



PROGRAM DESCRIPTIONS

GETTING READY FOR KINDERGARTEN

This is a fun, based approach to learning that will help your child prepare for a positive entry into school. Focus will be on enhancing numeracy and literacy skills through play based activities and centres.

MUSIC AND MOVEMENT

Adults and children together.
An interactive program that introduces concepts of music, movement that encourages listening, language skills and gross motor development.



PROGRAM DESCRIPTIONS

INDIGENOUS AND EARLY LITERACY

Consult EarlyON main calendars for visits by our Early Literacy and Indigenous professionals

PARENT INFORMATION SESSIONS

Parenting workshops are offered on a wide variety of subjects that are of interest to parents. through our team, community partners and special guests.

Topics may include: toilet learning, speech and language, nutrition, literacy and child development.

Pre-Registration for programs is required
by visiting www.e3.ca



BABY NEEDS DEPOT



Did you know some EarlyON locations have an emergency Baby Needs Depot? If you are in need of infant supplies, contact your local EarlyON to ask if they can provide you with diapers, formula and/or unexpired baby food, completely free of charge.

COMMUNITY PARTNERS



EarlyON is partnered with many resourceful organizations in our communities. Some of these include:

- Empower Simcoe
- Royal Victoria Hospital (RVH)
- New Path Youth and Family Services
- Community Action Plan for Children (CAPC)
- Simcoe Muskoka District Health Unit (SMDHU)

If you are in need of extra support, have questions, concerns, want to find out more information on children services and agencies in your area or require assistance with your child, there are many options for you to choose from.

Reach out to your local EarlyON to find out what is available in your area for additional resources and support.

Ask us about our resources and information
available in other languages



DEVELOPMENTAL SCREENINGS

If you have questions or concerns about your child's speech and language or development in general, you can call your local EarlyON to have an ERIK Screening completed by one of our team members. This simple questionnaire with you does not require your child to be present, and can be done either in person or over the phone in about 15 minutes. The results of this screening can then be sent off to Royal Victoria Hospital (RVH) where their intake team will then contact you.

You can also visit www.lookseechecklist.com to monitor and check your child's developmental milestones by age. Should you have any questions, call your local EarlyON for assistance.

HEALTH & **SAFETY**

Although many of the restrictions we had in place due to the COVID-19 pandemic have been lifted, EarlyON still maintains a high standard with cleanliness, organization and overall health & safety within our facilities.

We kindly ask that if you or your child(ren) attending our locations are unwell, experiencing flu like symptoms such as chills, runny nose, cough or fever that you stay home and refrain from attending EarlyON until symptoms have passed.





CONTACT INFORMATION

MAIN SITES

Collingwood

E250A Peel St.
Collingwood, ON
L9Y 3W2
(705) 446-0816

Alliston

13 Wellington St. W
Alliston, ON
L9R 1J3
(705) 435-4308

SATELLITE LOCATIONS

Angus

8527 County Rd 10
Angus, ON
L0M 1B4

Beeton

Beeton Rotary Hall
72 Second St. N
L0G 1A0

Wasaga Beach

120 Glenwood St.
Wasaga Beach ON
L9Z 2K5

Wasaga Beach

175 Zoo Park Rd.
Wasaga Beach
ON L9Z 0H9

Collingwood Satellite

475 Second St.
Collingwood, ON
L9Y 4H4

Stayner

236 Huron St.
Stayner, ON
L0M 1S0

Creemore

10 Caroline St.
Creemore, ON
L0M 1G0

Tottenham

139 Queen St.
N Tottenham,
ON L0G 1W0